

Metabolic Mode of Cartilage Regeneration in Hydrogels
Honors Thesis, written at University Department of Mathematics

Abstract

Because of the large number of individuals with cartilage problems, whether due to sports injuries or diseases such as arthritis, there is a medical need for effective cartilage regeneration. To assist with the development of

cells the chondrocytes comprise only 1% of the cartilage (Hergge et al., 2000).

Figure highlights cartilage tissue, scattered with chondrocytes. Note that the chondrocytes are not in contact with each other, but are dispersed throughout the ECM.

The chondrocytes produce the ECM, which forms most of the non-cellular part of cartilage. (Hodish et al., 2000)

Figure - Cartilage Tissue

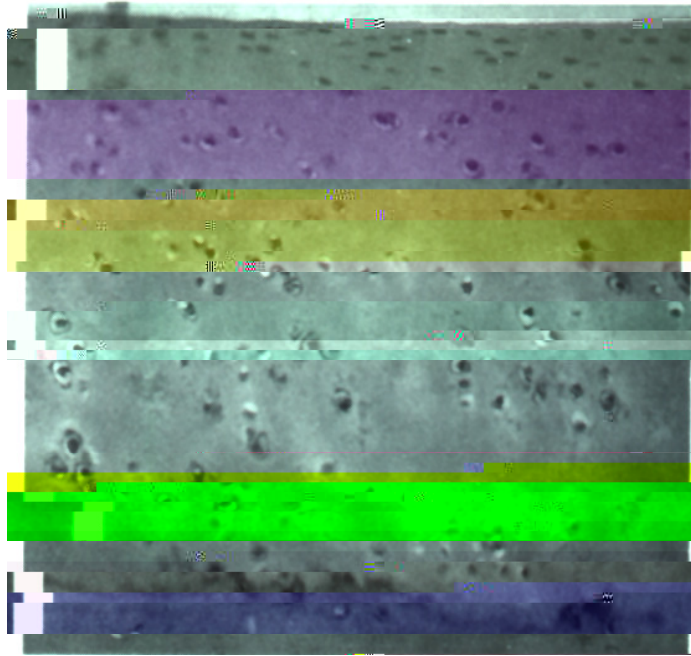


Figure shows cartilage tissue. Note how the chondrocytes (dark spots) are dispersed throughout the ECM. These cells are responsible for building and maintaining the ECM. (HCSURER)

The ECM itself is made of two components, collagen and proteoglycans. Approximately 70% of the dry weight of cartilage is made of collagen (Hergge et al., 2000). Collagen forms rope-like structures made of fibrous chains (Hodish et al., 2000). It is these 'ropes' that give cartilage its ability to stretch and to exert shear forces. (Hergge et al., 2000) The collagen molecules are synthesized on ribosomes attached to the endoplasmic reticulum (ER) in the chondrocytes from individual amino acids. Further processing occurs in the ER and Golgi apparatus, and collagen strands (before being processed) are secreted from the cell.

chondrocyte). Once outside the cell, the strands cross in , forming the collagen network. (Lodish et al., 2000) Collagen in the ECM is pictured in Figure .

Figure . Collagen and Proteoglycans in ECM

Figure shows the collagen and proteoglycan strands that comprise ECM. The collagen is responsible for the stretching strength of the cartilage and is pictured as the thick fibers. The proteoglycans, which interact

Figure Hy uron n Structure

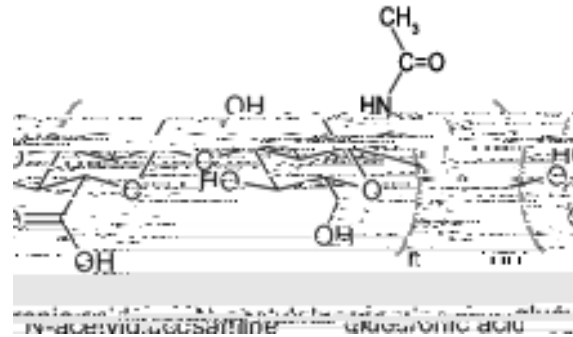


Figure sho s the che ic structure of one unit of hy uron n.
Hy uron n for s the sug r c one of the proteog yc n o ecu es.

[Http // .g ycos n.co / h t hy uron n.ht \)](http://www.glycoscience.org/hyuronic.html)

Hy uron n is de y n enzy e (H A synth se) in the chondrocyte ce
e r ne nd is i edi te y tr nsported out of the ce . Ne xt, the hy uron n is
tt ched (ti in er protein) to g grec n. Aggrec n consists of core protein
(synthesized on the ER) tt ched to chondroitin su f te nd er tin su f te sug r ch ins
(th t re dded in the Go gi). Aggrec n is then secreted. Thus, the fin proteog yc n
structure rese es 'centipede', consisting of hy uron n o ecu e (H o dy) tt ched
to u tip e core proteins (H egs), e ch of hich h e u tip e sug r groups (H feet).

(Lodish ., 00) Figure i ustr tes this structure.

Figure 1 Proteoglycan Structure

Figure 1 shows how proteoglycans are composed of hyaluronan, core protein, and sugar sulfate groups (chondroitin sulfate and keratan sulfate). The negative charges on these molecules help to attract water to the proteoglycans.

Other, proteoglycan molecules have a number of negative charges on the surface, attracting water (Lodish et al., 2000, "Articular Cartilage", 2000). As a result, eighty percent of the cartilage itself is water. The ability to attract water into the cartilage is important for two reasons. First, because it is filled with water, cartilage is able to withstand compression forces (Hergge et al., 2000, "Articular Cartilage", 2000). The influx of water is so important for the diffusion of

produce the aggrecan complex. Aggrecan then reacts with hyaluronan to form the complete proteoglycan unit. Figure highlights these biologic processes.

Figure Chondrocyte Production of ECM

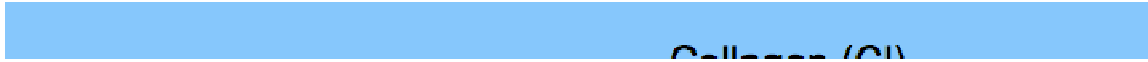


Figure shows the various compounds produced by chondrocyte. First, nutrients diffuse into the cell. The cell uses four compounds with the nutrients (sugars, amino acids, the core protein, collagen, and hyaluronan processes, , , and). The sugars and core protein combine to form aggrecan (process). Finally, hyaluronan and aggrecan combine to form the completed proteoglycan (process).

n n

When cartilage is damaged (whether due to injury or disease), there are several obstacles to repair. First, there is not a high density of chondrocytes in cartilage (most of the cartilage is ECM). See Figure). Any damage that destroys chondrocytes means there are fewer of the cells to maintain the cartilage. This is compounded by the fact that chondrocytes lose their ability to mitotically divide. So fewer chondrocytes can be produced and chondrocytes are dependent on their limited natural ability to repair defects. Finally, cartilage is avascular, so nutrients must diffuse to the cells. During the initial formation of cartilage, food is delivered to the chondrocytes. In damaged tissue

cartilage, however, food (with the corresponding nutrients, etc) is not sufficient to assist with repair. (Hergge et al., 2000) As a result of cartilage's limited nutritive capacity for healing, serious injuries (e.g., rupture of the knee, high grade ligamentous sports injury, arthritis) cannot.

yd ●

Because of the limited capacity of cartilage to repair itself, medical techniques are being developed to facilitate this healing process. One such technique involves surgically opening the injury site, injecting hyaluronan to fill the cavity, and then stitching cartilage tissue etc. together (Hergge et al., 2000). Specifically, hyaluronan consists of hyaluronan seeded with chondrocytes (from an external source). Hyaluronan is the backbone of proteoglycans and is so important, thus explaining the gel consistency of the hyaluronan. The main idea is that the chondrocytes, determined through signaling that they are not in cartilage, begin to produce ECM. The hyaluronan serves as a scaffold, keeping the chondrocytes spaced throughout the injury site and providing some initial structure from which cartilage can regenerate. The cartilage is better able to heal with this scaffold in place than having to fill void in epite s q H (H) 0

The underlying assumption is that the code represents one cell (chondrocyte), which has been assigned a volume of cartilage to repair. The injury is considered to be healed when the cell finishes its assigned volume. Presumably, one of the other cells in the injury site has filled their volume. This code has four variables corresponding to (injected) ECM, (injected) ECM, (injected) ECM, and nutrients inside one cartilage cell.

Variables are normalized to certain reference amounts. For example, the nutrients are normalized to the initial surplus, so the resulting nutrient amount is anything other than used to repair the cartilage. The injected triax, on the other hand is normalized to the ideal ECM concentration and so represents the target healthy value. By convention, the nutrients restricted to zero, the value here no repair is occurring. In healthy cartilage, M

and H = Mu. In damaged cartilage, however, M < and if hydrogel is injected into the defect, then H = In the code, the initial condition for the regeneration comes from the nutrient equation (Equation 1) if M < , then the Nu concentration increases.

The cell sensing it is not in healthy cartilage absorbs more nutrients into the cell. The nutrient concentration is ordered so Mu is produced. Mu concentration increases when Nu is other than zero as seen from the first term in Equation 1). Next, there is a chemical

reaction between the un-injected triax, Mu, and the hydrogel, H, thus forming injected triax, M. This reaction term appears as the last term in three of the equations

(Equations 1, 2, 3). These equations were numerically solved using MATLAB (see

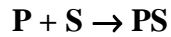
Appendix for notes) for time to 100. The initial conditions were H = 0, Mu

Mod

The model, however, is perhaps too simplistic. One of the main issues is that the variables do not correspond to specific biologic components. The ECM is made of collagen and proteoglycans and these represent compounds. The Mand Mu variables group these distinct elements together. Additionally, hyaluronan is not really a specific biologic compound, though the hyaluronan in the hyaluronan is. Perhaps hyaluronan concentration would be more biologically accurate. Other, the model does not really simulate the actual biology that is occurring. (Though it is good first approximation since the cartilage, represented by M, does behave if hyaluronan is injected.)

Mod

In order to solve the more biologically relevant, new system of equations is needed. The new model should have variables corresponding to biologic compounds in cartilage (with cartilage repair described in the Introduction) including nutrients (including sugars, amino acids, etc), collagen, proteoglycans, hyaluronan, core protein, sulfated sugar chains, and the complex formed between the core protein and the sulfated sugar chains (described in the Introduction). Each of these compounds plays a unique role in cartilage repair. It is helpful to separate the model into these variables so the effects of varying coefficients and initial conditions for each variable can be assessed. Note that H now represents hyaluronan, not hyaluronan as it did in the old model. Hyaluronan is a biologic molecule and is coincident with the main component in hyaluronan. There are other compounds involved with the regeneration process, but these are assumed to be the same ones. Biologically, there are assumed to be three main reactions involving the variables described under *Biologic Component*. These reactions are summarized in variables...



Ide y, the ne ode ou d so h e so e method for ode ing he thy c rti ge, inf icting d ge t ti e t, nd sho ing ho the c rti ge responds fter the d ge. Fin y, the ode shou d h e , structur v thresho d. The c rti ge needs so e ini ount of structure in order to e e to he . This structure cou d e fu fi ed y the ounts of proteog yc ns, co gen, hy uron n, or so e co in tion thereof). A o e this thresho d H injury or rger injury ith hydroge injection), the c rti ge shou d he , ut e o the thresho d H rge injury ithout hydroge injection), the c rti ge shou d not he .

Mod y of on

Using the o e specific tions, the fo o ing ode s cre ted .

ter , the logic of which is described above. Equation (H_o gen) increases with an increase in nutrients, but is inhibited as collagen is produced (H_C ter). Equation (H_y uron n) increases with an increase in nutrients, but is inhibited by the formation of proteoglycans and hyuronan. A reaction term between aggrecan (H_{PS}) and hyuronan (H_H) releases hyuronan from the system. Equation (H_o core protein) increases with nutrients, is inhibited by core protein and proteoglycan formation, and decreases by reaction term between the core protein and sugars. Equation (H_o s_i i r) follows the same logic to Equation (H_o core protein), except with sugars, instead of the core protein. Equation (H_o g_grec n) increases with reaction term between the core protein and the sugars, is inhibited by the formation of aggrecan, and decreases by reaction term between aggrecan and hyuronan. Finally, equation (H_o proteog_yc ns) increases with reaction

represents significant injury to the c rti ge. Gr phic so utions of these t o runs ppe r in Figure .

Figure D ge Inf icted to He thy C rti ge

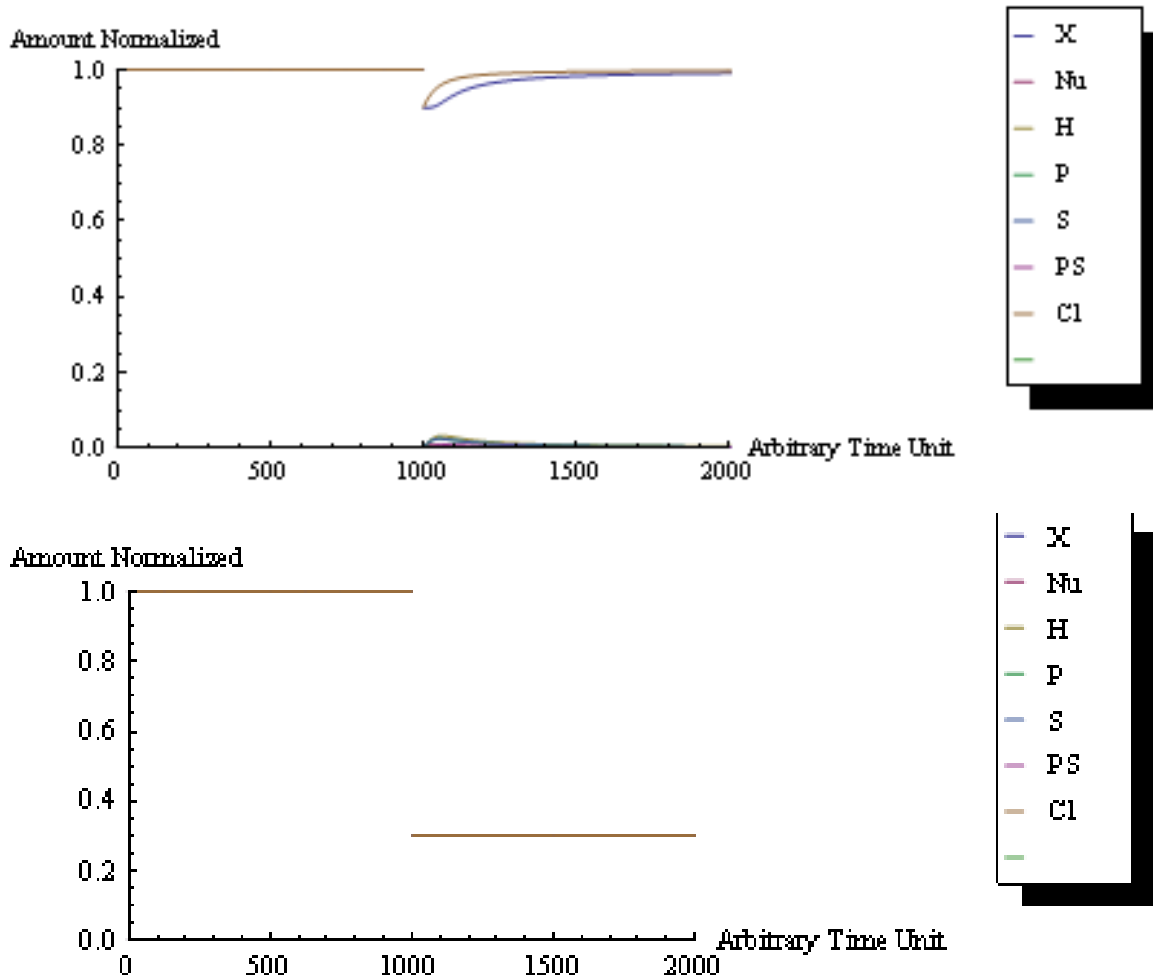
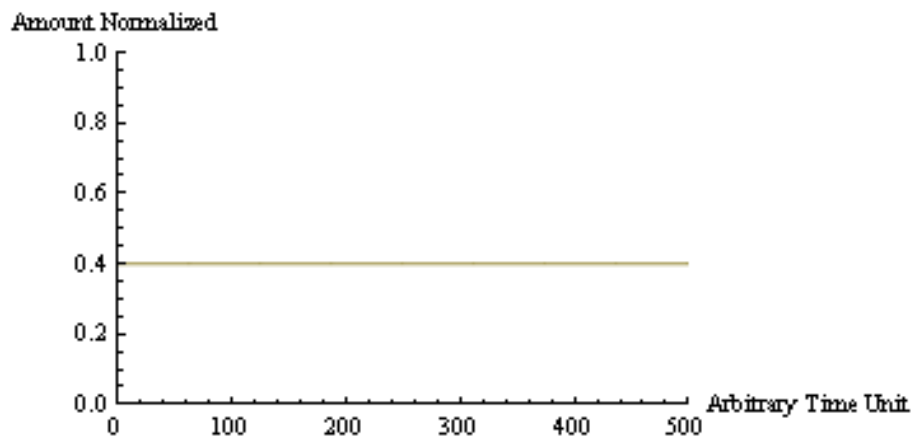


Figure sho s t o so utions of the equ tions here d ge H₀ and $\dot{0}$, respectively) s inf icted on the c rti ge. The injury occurs t ti e $\dot{0}$ and c n⁰ e seen y the ju p do n in the co gen nd proteog yc n e e s in oth gr phs. The c rti ge s e to reco ver in the first inst nce, s c n e seen y the incre se in proteog yc n nd co gen e e s. The proteog yc ns see to g ehind the co gen. This cou d e the resu t of the p rticu r coefficients th t ere used or the f ct th t ore inter edi tes re required for the production of the proteog yc ns in the ode . Note in the top gr ph th t the nutrients nd other inter edi tes ic on in response to the d ge Heen y the s u ps t the otto of the gr ph). In the second gr ph, the c rti ge s not e to reco ver Hs c n e seen y the f t ine t. for the co gen nd proteog yc ns).

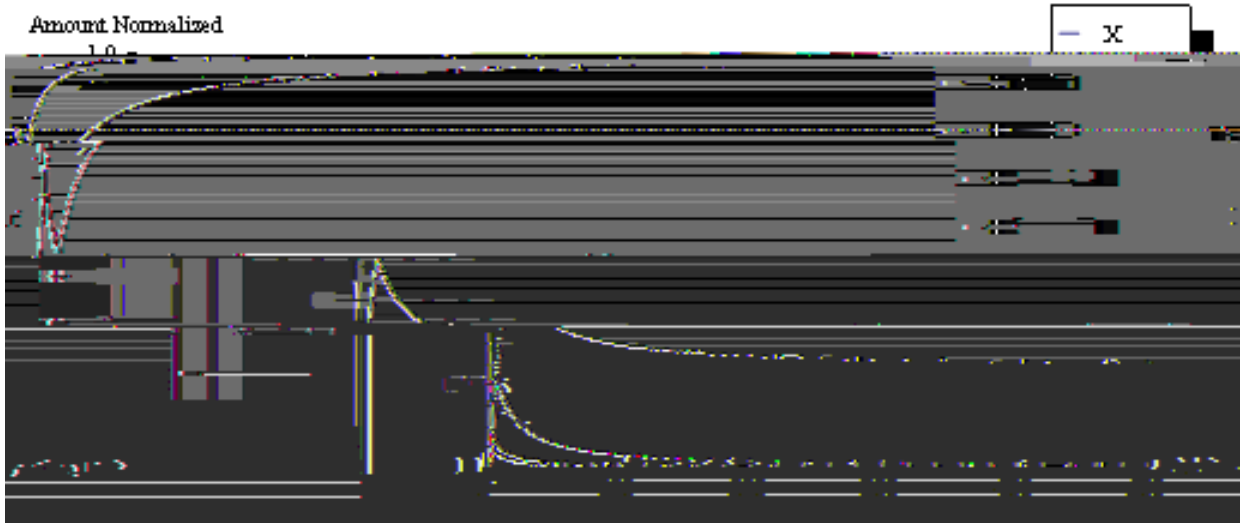
Next, using the same coefficients and threshold for recovery, series of solutions were determined beginning with the degraded carbon (C_{deg} and $C_{e,0}$) with various amounts of injected hydrogen (H_{inj} in the form of hydrogen). Figure shows what happens when the degraded carbon (C_{deg} and $C_{e,0}$) is injected with H_{inj} and H_{inj} by hydrogen recovery and fuel recovery, respectively. The third plot is a close up of the H_{inj} of the second plot note the how the various intermediates returned on to repair the damage.

Figure 1: Fully Developed Cavity with Hydroge Injections

μ_{H_2} (Hydrogen)



μ_{H_2} (Hydrogen)



μ_{H_2} (Hydrogen, time)

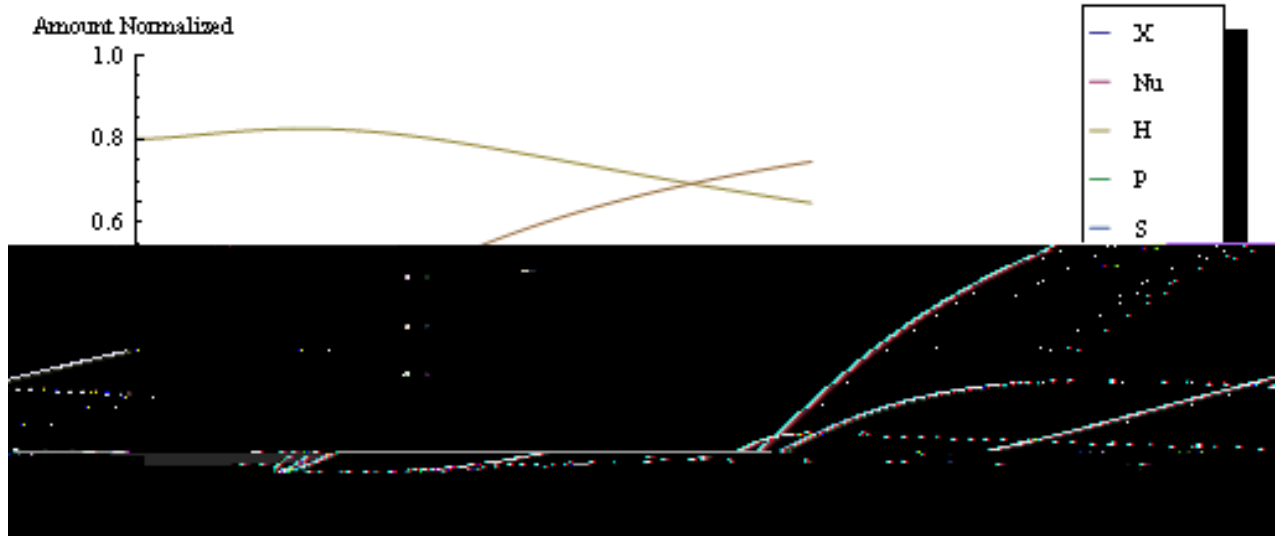


Figure shows how the degraded c rti ge responds with hydroge injections. In the first pot, the hy uron n is injected, which is not enough to he the c rti ge in this inst nce. Thus, the hy uron n (H) e e st ys t and the co gen (C) nd proteog yc n (K) e e s st y t. In the second pot, the hy uron n is injected. This is enough to he the c rti ge s c n e seen y the incre se of the co gen nd proteog yc ns to rds . rious inter edites re so produced nd used s c n e seen in the second nd third pots s the su st nces th t pe nd then co e c do n to zero.

Next, the proteog yc n nd co gen e e s in the d ge c rti ge ere st rted o e H ot co p ete y d ged). Different ounts of hydroge H hy uron n) ere injected nd depending on the tot „structure“ th t s present, the c rti ge either s regener ted or st yed d ged. Figure shows so e gr phic so utions to these runs. In the first pot H In Figure), the c rti ge is e to reco er despite the hy uron n e e on y eing t H here it s not e to reco er in Figure) ec use there is so e co gen nd proteog yc ns present. The second pot h s o e e s of co gen nd hy uron n H 0 nd 0 , respecti e y), ut is e to reco er ec use of the high e e of proteog yc ns H 0). No regener tion is seen in the third pot ec use the „structure“ of the syste is not o e the thresho d e e .

Figure 0. Partly Detailed Control with Hydroge Injections

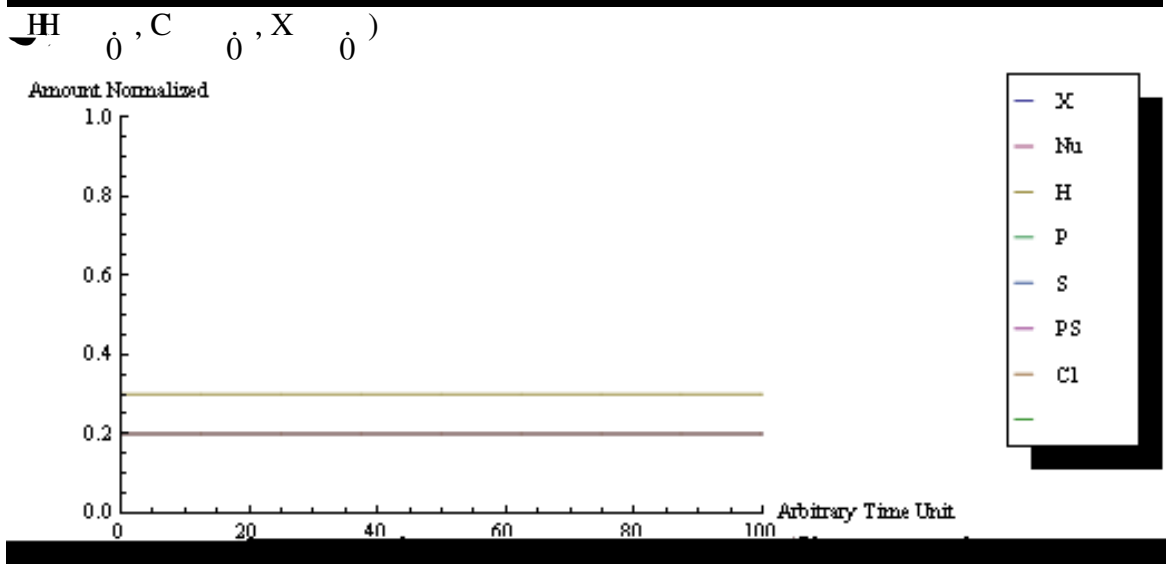
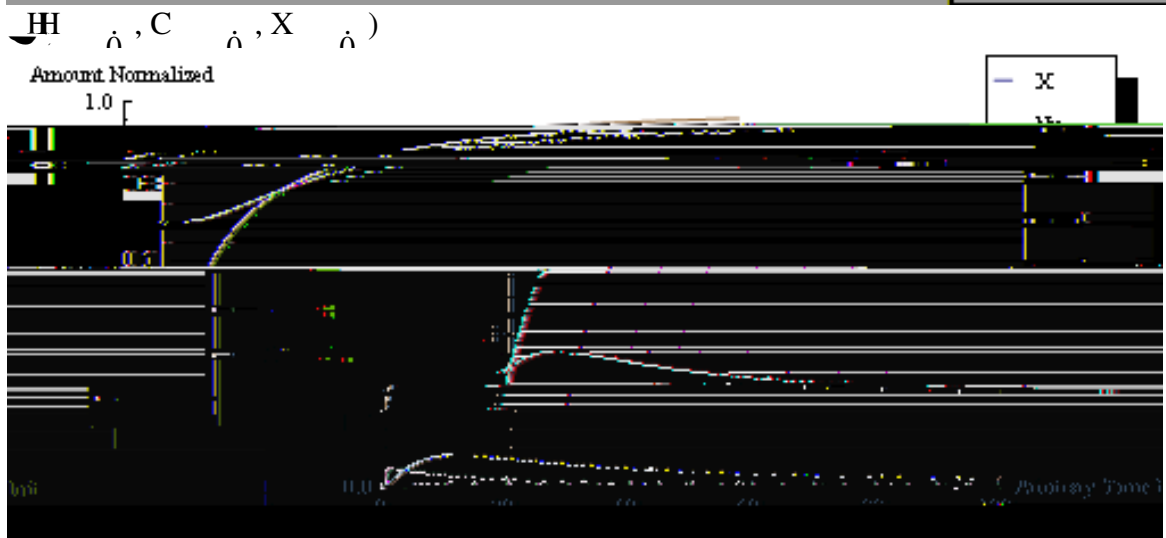
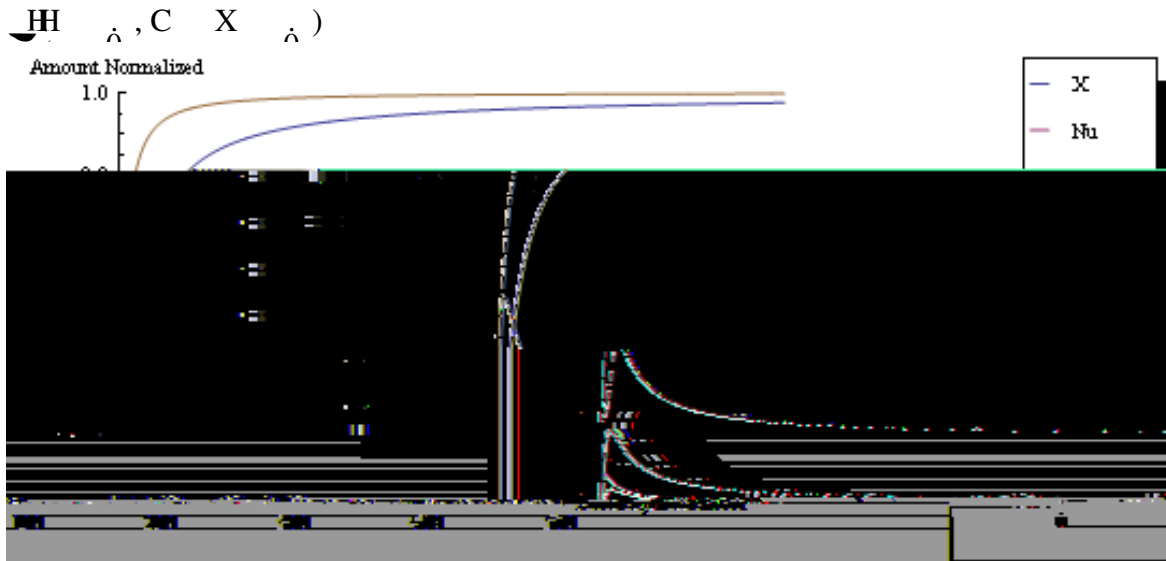


Figure shows how partially degraded c rti ge responds to various hydroge injections. In the first pot, the co gen nd proteog yc ns re initi y t , indicating partially degraded c rti ge. Hy uron n is injected (H.) nd the c rti ge he s, s c n e seen y the incre se in proteog yc ns nd co gen to rds . In the second pot, the c rti ge is sti p rti y d ged HC , X) nd hy uron n is injected. Despite the f ct th t there is ess hy uron n present th n in the pre ious inst nce, the c rti ge sti he s ec use there re ore proteog yc ns H. s.) present initi y. In the third pot the c rti ge is p rti y d ged HC , X), ut not enough hy uron n H.) is injected to pro te he ing, s c n e seen y the f t ine corresponding to co gen nd proteog yc ns) t .

Conclusion

Despite the i prove ents in the ne ode , there is sti or to e done in ode ing c rti ge regener tion. First, there re so e io ogic questions th t re in to

References

Appendix